



spicespoons

A THAI CULINARY JOURNEY



SPICE SPOONS

Much more than just a cooking class, Spice Spoons offers a rich and interactive immersion in Thailand's world famous gastronomy, renowned for its artistry and unique four flavour balance of salty, sweet, spicy and pungent.

Enjoy the opportunity to explore a local market with an expert Thai chef. Learn about Thai and Southern Thai cuisine's cultural significance and health benefits, indigenous ingredients and cooking equipment, as well as convenient replacements to use at home. Choose from a menu of authentic regional recipes from across Thailand, including age old southern specialties. Cook your favourites in a step by step class in our Spice Spoons show kitchen outside Thin Tai restaurant, and then savour your creations for lunch in tropical surroundings.

Leave with wonderful memories and impressive new skills to entertain family and friends back home, as well as a Spice Spoons shopping bag containing a certificate, apron and a USB flash drive with all recipes.

To book, please contact the Discovery Host at least 24 hours in advance.



COOKING CLASS PROGRAMMES

THAI CULINARY JOURNEY

THB 2,600++ per person

11:30 am - 1:30 pm

- Welcome drink (non-alcoholic)
- Ingredient shopping
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine

THAI CULINARY JOURNEY WITH LOCAL MARKET VISIT

THB 3,500++ per person

10:00 am - 1:30 pm

- Welcome drink (non-alcoholic)
- Transfer to fresh market by hotel car
- Ingredient shopping
- Transfer back to the resort by hotel car
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine

* All Spice Spoons participants receive a Spice Spoons shopping bag containing a certificate, apron and a USB flash drive containing all recipes.

PROGRAMME ENHANCEMENTS

EXTRA RECIPES

Add one recipe THB 200++ per person

Add two recipes THB 300++ per person

Add three recipes THB 350++ per person

HEALTH & SPA CULINARY JOURNEY

THB 4,399++ per person

11:30 am - 3:30 pm

- Welcome drink (non-alcoholic)
- Ingredient shopping
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine
- Relax and enjoy a one-hour Thai massage

HEALTH & SPA CULINARY JOURNEY WITH LOCAL MARKET VISIT

THB 5,399++ per person

10:00 am - 3:30 pm

- Welcome drink (non-alcoholic)
- Transfer to fresh market by hotel car
- Guided market tour and ingredient shopping
- Ingredient shopping
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine
- Relax and enjoy a one-hour Thai massage



**TERMS AND
CONDITIONS**

Prices are subject to 10% service charge and applicable government tax. Classes are available for a maximum of four guests per class with the same chosen recipes. Reservations must be made at least 24 hours in advance. Cancellations must be made at least 12 hours in advance, otherwise a 50% charge applies.

MENU OPTIONS

Please choose one dish for each course.

APPETISERS

Krathong Thong	Light crispy, golden cups with various savoury fillings
Tod Man Pla	Thai fishcakes
Satay Gai	Chicken satay

SOUPS

Tom Yum Goong	Spicy prawn soup
Tom Kha Gai	Coconut chicken soup

MAINS

Khao Soi Gai	Chiang Mai noodles
Som Tum Tai	Green papaya salad
Yam Mamuang Pla Krob	Crispy fish with spicy mango salad
Pla Goong	Spicy prawn salad
Pla Kapong Nung Manow	Steamed sea bass with lemon
Gai Pad Med Mamuang	Chicken and cashew nut stir fry
Phad Thai Goong Sod	Thai fried noodles with prawns
Chu Chee Goong	Prawn chu chee curry
Massaman Nuea	Massaman beef curry
Gang Kiew Wan Gai	Chicken green curry

DESSERTS

Khao Niew Mamuang	Mango with sweet sticky rice
-------------------	------------------------------

ANANTARA BOPHUT KOH SAMUI RESORT

99/9 Moo 1, Bophut Bay, Koh Samui, Surat Thani 84320, Thailand

T +66 (0) 7742 8300-9 F +66 (0) 7742 8310

E bophutsamui@anantara.com

anantara.com