



ANANTARA

QUY NHON • VILLAS

DISCOVER WITH ANANTARA



# WELCOME

Vietnam's South Central Coast is a hidden paradise of untouched golden shores. Delve deeper into the countryside and a world of discovery awaits, from majestic ruins to handicraft villages.

Quy Nhon was once the capital of the powerful Champa Kingdom, spreading across central and southern Vietnam from the 2nd Century and reaching its peak in the 11th Century. Evidence remains in the form of brick and stone ruins, reminiscent of Angkor Wat, rising up out of the surrounding jungle.

Quy Nhon was also one of the kingdom's most important ports and remains a busy cargo port today. Sleepy fishing villages are in abundance offering fresh catches, which contribute to the superb cuisine of the area, distinct from both north and south Vietnam. A wide variety of spices are produced in Binh Dinh province, which are used in rich, complex and delicious recipes.

At Anantara, we invite you to connect with the places, people and stories that make Quy Nhon unique. Explore indigenous flora and fauna, visit nearby villages to meet the locals and sample fresh flavours, or hike into the mountains to seek out breath-taking wonders.





A man with dark hair and a light beard, wearing a white long-sleeved polo shirt and light-colored trousers, stands in front of ancient red brick ruins. He is looking upwards and to the right. The background features several palm trees and the weathered stone structures of an old temple or city. A semi-transparent white triangle is overlaid on the left side of the image, containing the word "EXPLORATION" in white capital letters.

EXPLORATION

## CHEF'S LOCAL MARKET VISIT AND COOKING CLASS

Take an early morning visit to the bustling local market and follow the Chef through the winding stalls to seek out the freshest ingredients for your cooking lesson. Get to grips with some of the more local produce including fish, herbs and vegetables.

Return to the resort with a full shopping basket and channel your inner MasterChef as you learn some of the tips and tricks to creating Vietnamese cuisine under the guidance of the Chef. Enjoy the fruits of your labour and take home new culinary skills and recipes to try out with friends and family.

**Departure: 7:00 am**

**Duration: 4 – 5 hours, including cooking class**







## QUY NHON STREET GOURMAND

Discover the distinct flavours of Central Vietnam from Banh Xeo (sizzling crêpes with different fillings) to Bun Thit Nuong (rice noodles with grilled pork and fresh herbs). Sample typical Vietnamese street food as your guide explains the origins and ingredients of each dish and takes you to some of their favourite stalls in the city.

**Departure: Anytime during the day – please book in advance**

**Duration: 3 – 4 hours**


## GUIDED SEA FISHING

Join a fisherman at sunset and cast your net to catch squid!  
Watch the locals at work as the sky darkens and the twinkling lights of the fishing traps and boats come alive to entice the squid to the surface and the fishermen get to work.

**Departure: 5:30 pm**

**Duration: 3 – 4 hours**





## VIỆT VÕ ĐẠO MARTIAL ARTS

Founded in 1936 as Vovinam and more commonly known today as Việt Võ Đạo, this is a form of self-defense martial arts, native only to Binh Dinh Province and is the largest and most developed form of martial arts in Vietnam. Bringing influences from Chinese Kung Fu, along with elements of the Japanese and Korean forms of martial arts, Việt Võ Đạo involves the use of the hands, elbows, legs and knees, as well as teaching counter-attacks among its moves. It also includes training of both the body and mind, encouraging individuals to be self-confident and self-controlled.

These sessions are conducted by the resort's Head of Security, Mr Phuc, who is recognized as the Master of Việt Võ Đạo in the Binh Dinh Province.

Timing: Early morning or late afternoon. Please ask the Villa Host team to schedule a specific time.

**Duration: 45 Minutes**



## BINH DINH CULTURAL DISCOVERY

Home to the Quang Trung Emperor and the Tay Son Dynasty, Binh Dinh Province is a destination infused with rich history and culture. A visit to the Quang Trung Museum offers an insight into one of Vietnam's most celebrated leaders and the youngest of the ruling three brothers of the Tay Son Dynasty. The museum grounds also house a 300-year old tamarind tree and an ancient pure water well, which is said to bring good fortune when you drink from it. Catch a performance of Tay Son battle drums and traditional martial arts, for which Quy Nhon is well-known. After the museum, visit one of the Cham tower ruins which lie across the province and hold centuries of stories within their bricks from the origin of the Champa Kingdom in Vietnam in the 2nd Century.

Built in the late 1600s, next is a stop at Thap Thap Pagoda, also known as the pagoda of ten towers and one of the most famous Buddhist centres in the country. It has been named by Vietnam's Ministry of Culture, Sports and Tourism as "a national cultural and historical site".

At the end of your morning cultural experience, relax at a local restaurant and enjoy a traditional Banh Xeo, the famous Quy Nhon sizzling crepe, filling with prawns, beef, or just plenty of fresh herbs and vegetables.

**Departure: 8:30 am**

**Duration: 4 – 5 hours**







## QUY NHON SCIENCE EXPLORATION AND BINH DINH MUSEUM

Quy Nhon is fast becoming a research and development hub for science and Artificial Intelligence. It houses a dedicated Science Complex, ExploraScience Quy Nhon, which offers a full, educational, science-themed experience for visitors to learn about areas including astronomy, space exploration, the solar system and natural resources. Binh Dinh General Museum houses more than 1,000 artefacts detailing the different historical periods of the Province and including an impressive selection of Cham sculptures. There is also a chronological history of Ho Chi Minh's life.

**Departure: 10:30 am, or other times upon request**

**Duration: 4 – 5 hours**





## NATURE HIKING TOUR AT XUAN VAN MOUNTAIN

Xuan Van Mountain, located in the south of the city is covered with lush, dense trees with a stunning view of the city and horseshoe-shaped coastline. The hiking route leads to one of the most beautiful sunrise and sunset spots in Quy Nhon.

**Departure: 4:30 am for sunrise and 4:30 pm for sunset**

**Duration: 4 – 5 hours**



## TEMPLE BLESSING CEREMONY

Thien Hung Pagoda rises majestically among the rice paddies with architecture styles combining both Asian and modern influences. The Pagoda is home to the relics of Sakyamuni Buddha, honoured as the jade Buddha of world peace. The highlight is the 12-storey Bell Tower, which is often favoured by artists for sketching.

A local monk will guide you through a fascinating collection of statues and provide an insight into Buddhist traditions before you take part in a traditional monk blessing and then receive individual blessings offered by the monks as they tie bracelets to your wrists as part of a typical Buddhist tradition.

**Departure: 10:30 am, or other times upon request**

**Duration: 4 – 5 hours**



## CON CHIM ECOLOGICAL ZONE

Con Chim Ecological Zone is renowned as a “green oasis” on Thi Nai lagoon and is divided into areas including the ecological breeding area with mangrove forest, seagrass conservation area, bird sanctuary and mollusc rearing area. There are about 25 species of plants and 64 species of plankton, 76 species of fish and hundreds of species of Vietnamese birds, including some endemic storks. The highest point of the entire zone is called chòi where you can see thousands of white storks flying through the sky. Take the opportunity to try your hand at fishing in the lagoon, where there are different varieties of fish and local shrimps.

**Departure: 10:30 am**

**Duration: 4 – 5 hours**





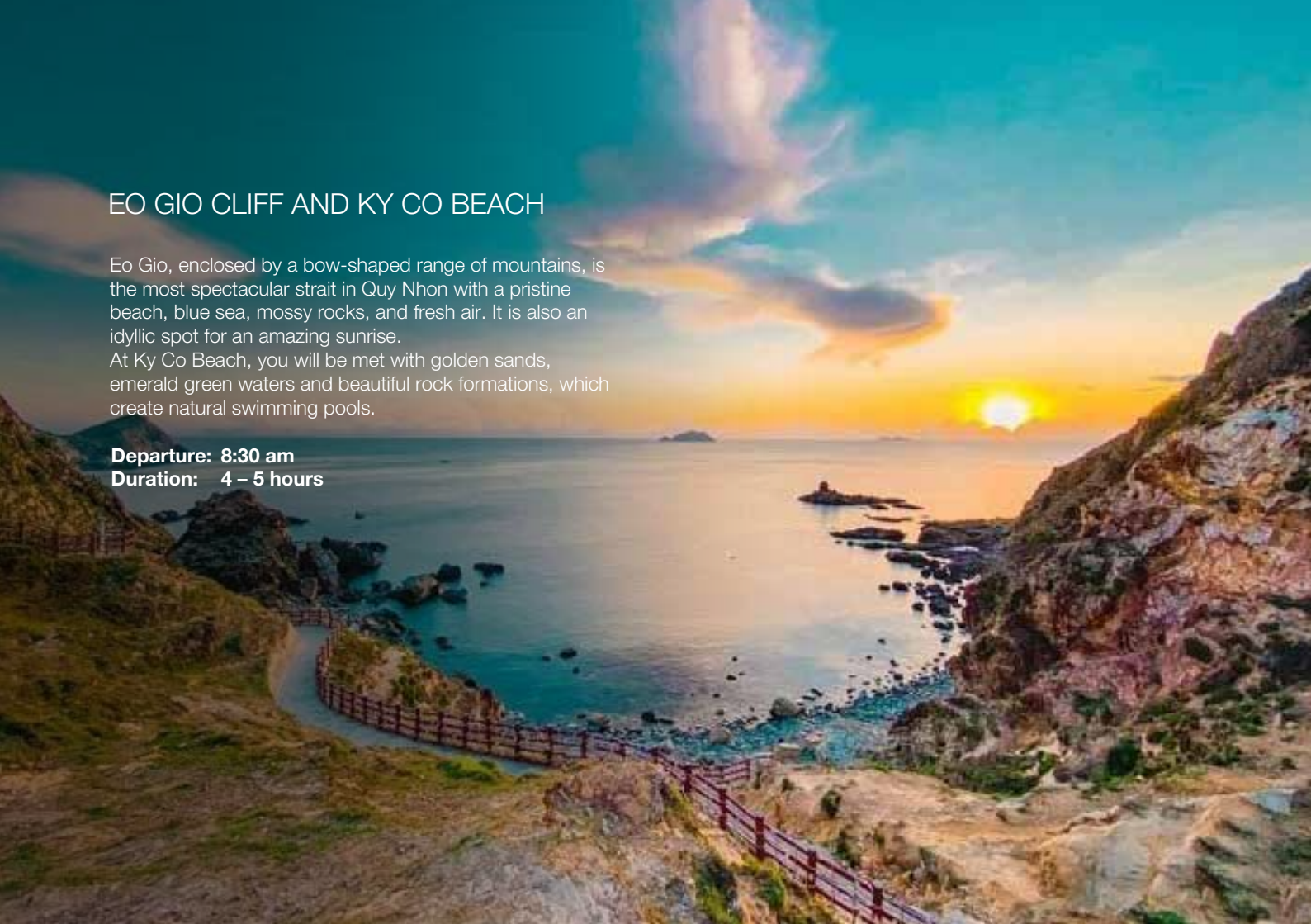
## EO GIO CLIFF AND KY CO BEACH

Eo Gio, enclosed by a bow-shaped range of mountains, is the most spectacular strait in Quy Nhon with a pristine beach, blue sea, mossy rocks, and fresh air. It is also an idyllic spot for an amazing sunrise.

At Ky Co Beach, you will be met with golden sands, emerald green waters and beautiful rock formations, which create natural swimming pools.

**Departure: 8:30 am**

**Duration: 4 – 5 hours**





## SCUBA DIVING AND ISLAND EXPLORATION IN NHON LY

Ky Co beach is one of the most beautiful beaches in Quy Nhon with pristine sands and clear waters. Nearby is both Bai Dua beach and Hon Seo Island and all offer perfect locations for snorkelling and diving. See stunning coral reefs and marine life and don't forget to bring an underwater camera!

**Departure: 9:30 am**

**Duration: 4 – 5 hours**



LIFE IS A JOURNEY. Visit [anantara.com](http://anantara.com)

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