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ANANTARA
KIHAVAH · MALDIVES
VILLAS

FITNESS & RECREATION CENTRE
Designed with your fitness needs in mind



FITNESS & RECREATION CENTRE

Nestled amongst lush swaying palms, discover a fitness haven for all fitness levels. Surrounded by sweeping views, relax your eyes and mind whilst you work out in peace.





*Discover a fully-fitted hub with the latest in
TechnoGym equipment*





*A light, airy space to enhance
your athleticism*





Gym equipment specifications:

Technogym

- 1 unit of Run 1000-Treadmill (Model No: DEK8B)
- 2 units of Run 1000-Treadmill (Model No: DEK8EU)
- 1 Synchro 1000-Cross Trainer (Model No: DE583B)
- 1 Multi Power-Smith machine (Model No: MBB2)
- 1 Bike 1000 (Model No: DEC83B)
- 1 Twin (Press / Overhead / Core) (Model No: MF65)
- Adjustable Bench
- Dumbbell rack

- Complimentary usage of gym shoes
- Fitness trainer on request
- Outdoor terrace for workouts and yoga sessions



A multitude of ways to keep fit in diverse and visually exciting locations around the island, even whilst you are on vacation



Outdoor Tennis Courts



Muay Thai Boxing Ring



Bicycle riding around the island